



RED HOUSE JUNIOR SCHOOL

JUNIOR SCHOOL MENU

WEEK COMMENCING 23 SEPTEMBER

[Course Options]	Monday 23 September	Tuesday 24 September	Wednesday 25 September	Thursday 26 September	Friday 27 September
Main & Side Dishes	Cheese and Onion Quiche, New Potatoes and Peas	Carbonara, Garlic Bread and Sweetcorn	Beef mince in Gravy, Roast Potatoes, Mixed Veg and Yorkshire Pudding	Chicken Curry, Rice and Naan Bread	Breaded Cod, Chips and Beans
Vegetarian Main & Side Dishes	Cheese and Onion Quiche, New Potatoes and Peas	Veggie Carbonara, Garlic Bread and Sweetcorn	Quorn Mince in Gravy, Roast potatoes, Mixed Vegetables and Yorkshire Puddings	Vegetable Curry, Steamed Rice and Naan Bread	Vegetable Nuggets, Chips and Beans
Pasta with Sauce	Pasta with tomato sauce	Pasta with tomato sauce	Pasta with tomato sauce	Pasta with tomato sauce	Pasta with tomato sauce
Jacket Potato & Filling Options	Tuna, Cheese or Beans	Tuna, Cheese or Beans	Tuna, Cheese or Beans	Tuna, Cheese or Beans	Tuna, Cheese or Beans
Daily Salad	Daily Salad	Daily Salad	Daily Salad	Daily Salad	Daily Salad
Dessert	Jam Tarts Fruit	Strawberry Cheesecake Fruit	Jelly Fruit	Chocolate Eclair Fruit	Swiss Roll Fruit