



RED HOUSE JUNIOR SCHOOL

JUNIOR SCHOOL MENU

WEEK COMMENCING 30 SEPTEMBER

[Course Options]	Monday 30 September	Tuesday 1 October	Wednesday 2 October	Thursday 3 October	Friday 4 October
Main & Side Dishes	Homemade Carrot and Lentil Soup, Bread Roll	Beef Mince with Cheese Crumble, Baby Potatoes and Peas	Hunters Chicken, Roast Potatoes and Broccoli	Chicken & Vegetable Pie, Mashed Potatoes, Carrots and Peas	Margherita Pizza, Chips and Beans
Vegetarian Main & Side Dishes	Homemade Leek and Potato Soup, Bread Roll	Quorn Mince with Cheese Crumble, Baby Potatoes and Peas	Vegetable Fajita Bake, Roast Potatoes and Broccoli	Vegetable Pie, Mashed Potatoes, carrots and peas	Margherita Pizza, Chips and Beans
Pasta with Sauce	Pasta with tomato sauce	Pasta with tomato sauce	Pasta with tomato sauce	Pasta with tomato sauce	Pasta with tomato sauce
Jacket Potato & Filling Options	Tuna, Cheese or Beans	Tuna, Cheese or Beans	Tuna, Cheese or Beans	Tuna, Cheese or Beans	Tuna, Cheese or Beans
Daily Salad	Daily Salad	Daily Salad	Daily Salad	Daily Salad	Daily Salad
Dessert	Cookie Fruit	Flapjack Fruit	Jelly Fruit	Iced Finger Bun Fruit	Ice-Cream with Fudge Sauce Fruit