



RED HOUSE JUNIOR SCHOOL

JUNIOR SCHOOL MENU

WEEK COMMENCING 9 SEPTEMBER

[Course Options]	Monday 9 September	Tuesday 10 September	Wednesday 11 September	Thursday 12 September	Friday 13 September
Main & Side Dishes	Tomato and Feta Pasta with Garlic Bread and Sweetcorn	Chilli Con Carne with Steamed Rice and Nachos	Chicken and Vegetable Noodles	Chicken Pie with Suet Crust, Baby Potatoes and Broccoli	Fish Fingers, Chips and Beans
Vegetarian Main & Side Dishes	Tomato and Feta Pasta with Garlic Bread and Sweetcorn	Quorn Chilli Con Carne with Steamed Rice and Nachos	Vegetable Noodles	Root Vegetable Pie with Suet Crust, Baby Potatoes and Broccoli	Cheese Pasties, Chips and Beans
Pasta with Sauce	Pasta with tomato sauce	Pasta with tomato sauce	Pasta with tomato sauce	Pasta with tomato sauce	Pasta with tomato sauce
Jacket Potato & Filling Options	Tuna, Cheese or beans	Tuna, Cheese or beans	Tuna, Cheese or beans	Tuna, Cheese or beans	Tuna, Cheese or beans
Daily Salad	Daily Salad	Daily Salad	Daily Salad	Daily Salad	Daily Salad
Dessert	Tunnocks Teacake Fruit	Jam and Coconut sponge Fruit	Crispy Cake Fruit	Iced Chocolate Cake Fruit	Doughnut Fruit